***Life Skills Distance Learning May 18th-May 21st***

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **TIMES** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** |
|  | **Communication/PE** | **Vocational/Independent living** | **Functional Academic/PE** | **Domestic/Leisure/Safety Travel** |
| 9:00 AM – 9:30 AM | **\*Morning Meeting/Meditation****Group 1 (8:45-9:00)****Josh, Troy, Trevor, Frank****\*Speech Live Lesson****\*Morning Meeting/Meditation** **Group 2 (9:05-9:20)****Jack, Alex, Jamie, Carter, John****\*Speech Live Lesson** | Morning Yoga<https://www.youtube.com/watch?v=Td6zFtZPkJ4> | Morning Meditation<https://www.youtube.com/watch?v=vYQy8-7Ut1E> | Morning Yoga<https://www.youtube.com/watch?v=Td6zFtZPkJ4> |
| 9:30 AM – 10:00 AM | **Physical Education**Click on Mr. Helsel Website for P.E. activities[Teacher Website](https://nam02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.cbsd.org%2FDomain%2F1847&data=02%7C01%7CMCASTELLI%40CBSD.ORG%7C072b12f5b82743a45ab108d7d51197ee%7Caa0b488ffc9e4185a5e3384220df23ca%7C0%7C0%7C637212143831625052&sdata=nh45u%2F729I5Fc9tL0GO159hqeVtHu8HuWivzPCQApR0%3D&reserved=0) | **\*Functional Academic/Independent Living Live Lesson**Grocery Shopping**Materials**10-one-dollar billsPaper Pencil One bag of groceries **Group 1-Josh, Troy, Trevor, Frank****\*PT****\*JR & Mrs. Sands**  | **Physical Education**Click on Mr. Helsel Website for P.E. activities[Teacher Website](https://nam02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.cbsd.org%2FDomain%2F1847&data=02%7C01%7CMCASTELLI%40CBSD.ORG%7C072b12f5b82743a45ab108d7d51197ee%7Caa0b488ffc9e4185a5e3384220df23ca%7C0%7C0%7C637212143831625052&sdata=nh45u%2F729I5Fc9tL0GO159hqeVtHu8HuWivzPCQApR0%3D&reserved=0) | **Leisure** **Puzzle Challenge****Chick on the link for more details**<https://flipgrid.com/f87f57f6> |
| 10:00 AM – 10:30 AM | **Functional Writing/Math**Write/Type Name Write/Type Personal InformationWrite/Type out the Day of the Week-E-mail it to me Log in to Boom Cards Login to IXL.com and work on Math & Reading comprehension  | **\* Functional Academic/Independent Living Live Lesson****Grocery Shopping****Materials**10-one-dollar billsPaper Pencil One bag of groceries **Group 2- Jack, Alex, Jamie, Carter, John** | **Functional Writing/Math**Write/Type Name Write/Type Personal InformationLog in to Boom Cards Login to IXL.com and work on Math & Reading comprehension  | **ULS Reading Chapter 2** |
| 10:30 AM – 11:00 AM | **Domestic/Cooking**Pick a FlipGrid Lesson from my Food Prep page and make lunch. Or you can make your own lunch Respond in FlipGrid What you made. You may need to enter your FlipGrid ID to access.Turkey Sandwich <https://flipgrid.com/ba74fe84>Tuna Melt <https://flipgrid.com/2d958094>Pancakes <https://flipgrid.com/b935eccf>Pizza Bagels- <https://flipgrid.com/4cd7a358> | **Domestic/Cooking**Pick a FlipGrid Lesson from my Food Prep page and make lunch. Or you can make your own lunch Respond in FlipGrid What you made. You may need to enter your FlipGrid ID to access.Turkey Sandwich <https://flipgrid.com/ba74fe84>Tuna Melt <https://flipgrid.com/2d958094>Pancakes <https://flipgrid.com/b935eccf>Pizza Bagels- <https://flipgrid.com/4cd7a358>JF- Mrs. Burgio | **Domestic/Cooking**Pick a FlipGrid Lesson from my Food Prep page and make lunch. Or you can make your own lunch Respond in FlipGrid What you made. You may need to enter your FlipGrid ID to access.Turkey Sandwich <https://flipgrid.com/ba74fe84>Tuna Melt <https://flipgrid.com/2d958094>Pancakes <https://flipgrid.com/b935eccf>Pizza Bagels- <https://flipgrid.com/4cd7a358> | **\*Domestic/Cooking****Group 1-Josh, Troy, Trevor, Frank****\*Group OT****(FD OT 10:45-11:00)****\*Live Lesson making lunch-Garden Salad with Chicken** \* If you do not have chicken use turkey, tuna, ham, egg, or cheese |
| 11:00 AM – 11:30 AM | Lunch | Lunch  |  | **\*Domestic/Cooking****Group 2-Jack, Alex, Jamie, Carter, John****\*OT****(JF OT 11:15-11:30)****\*Live Lesson on making a****Garden Salad with Chicken** \* If you do not have chicken use turkey, tuna, ham, egg, or cheese |
| 11:30 AM – 12:00 PM | Lunch Cleanup | Lunch Cleanup | Live Lunch with classmates & Teacher | Lunch Cleanup |
| 12:00 PM – 1:00 PM | **“Two Truths and a Lie”** Click on the link and we are going to play a game with our classmates<https://flipgrid.com/d09ad984> | **Vocational Work**Click on the link for vocational task ideas. You may need your FlipGrid ID to accessClerical job # 1 <https://flipgrid.com/a5ec72df>Clerical job # 2 <https://flipgrid.com/3ba1b499>Matching <https://flipgrid.com/dda3dfa1>Sorting by Color <https://flipgrid.com/4f16afc3>Counting Sets <https://flipgrid.com/41bc4e39> |  **News-2-You****“Growing Food at Home”****See email for the story and activities.****JR & Mrs. Sands****JF & Mrs. Burgio**  | **Safety Travel****Take a walk in your neighborhood and practice these safety travel rules.** **\***Walk with an adult or older sibling\*Eyes & head up while walking \*Look for cars backing out of driveways\*Look for cars before crossing a street \*Walk on the sidewalk if you have a sidewalk \*Practice social distancing when walking past someone. 6 feet apart |

s.